**NILA, NILA SEVA SAMITHI**

Thanal Balashram, Mayannur

**ANNUAL REPORT FOR THE YEAR 2020–2021**

PRESENTED AT THE ANNUAL GENERAL MEETING

HELD AT THANAL BALASRAM, MAYANNURON 17-10-2021

The Managing Committee of Nila, Nila Seva Samithi has pleasure in presenting the Annual Reportfor the financial year 2020-2021, which ended on 31-3-2021.

Advisory Board/Managing Committee:All activities of NilaSeva Samithi are progressing well under the guidance of the Advisory Committee consisting of 6 Rakshadhikari’s (Patrons). Day-to-day activities are being managed by theManaging Committee consisting ofthirteen members, which includes the President, Vice Presidents, Treasurer, Secretary, Joint Secretary and Members. The Managing Committee meets at regular intervals to discuss about current activities and decidethe future course of actions to be taken.

**Registration under Statutory Laws**:It may be mentioned here that all necessary registrations/approvalsin respect of all our institutions are in place and they are renewed from time to time as required, e.g., Nila Seva Samithi has been registered under the Societies Act;ThanalBalashram,ThanalSisumandiram, andSreeVilwadrinathaSevasramam have been registeredunderthe Orphanage Control Board, and Juvenile Justice (Care & Protection of Children) Act, 2015; and ThanalMathrusadanamhas been registered under the Orphanage Control Board.Nila Vidya Nikethanis affiliated to Bharatheeya Vidya Nikethan and recognized by the National Institute of Open Schooling (NIOS).

**Registrations under Income Tax& Foreign Contributions (Regulations) Act**:Nila Seva Samithi has also been registered under Section 12AA of the Income Tax Act,and under Section 80G(5)(vi) of the Income Tax Act, 1961. Under Section 80G of the IncomeTax Act, donations made to Nila Seva Samithi are eligible for deduction in the hands of the donor. We have also been granted approval under the Foreign Contributions (Regulations) Act, 2010(FCRA), which enables us to accept contributions from abroad.

**Number ofInmates in our various institutions**:It may be noted that at present there are 83 children atThanalBalashramconsisting mainly of girlsaged between 7-18 years, and a few boys between7-10 years (Boys above 10 years are transferred to VilwadrinathaSevasramam, Thiruvilwamalaas per Government guidelines in this regard); there are 24 children below 6 years in ThanalSisumandiram; 21 boys above 10 years in SreeVilwadrinathaSevasramam;23 womenin ThanalMathrusadanam;and 10 women + their 5 children in Thanal Domestic Violence Shelter Home. 12 childrenhave been placedwith families for care and protection under Government’s Foster Care Programme.

**Beneficiaries of Services provided byNila Seva Samithi**

1. Employment provided to people from nearby areas:Nila Seva Samithi has provided employment to 21 persons from Mayannur and nearby areas. Recruitment is done after scrutinising the educational qualifications, working experience, etc. of the candidates. Besides this, around 6 persons are engaged as casual labourers almost on all days.
2. Mid-day meals at Government Hospitals:Mid-day meals are providedon all daysat the Govt. Hospitals at Thiruvilwamala and Pazayannur for the benefit of patients and by-standers. Patients and their bystanders take full advantage of this facility.
3. *Thalachaikanoridam*, i.e., Construction of houses/alteration & repairs of existing houses, etc., for poor and needy families: Under this scheme, we re-constructed the dilapidated house of a handicapped person at Elanad, Chelakkara at a cost of Rs 6,03,426/- during the year.
4. Deendayal project:We have providedfinancial helpamountingto Rs 1,22,312/- to 20 poor families towards medical expenses to treat serious illnesses;
5. MaangalyaSahayam: An amount of Rs 22,700/- was disbursed among three poor families for the marriage of their daughters.
6. Help towards Educational Expenses: By way of help for education, an amount of Rs 33,990/- was disbursed to deserving students.
7. Disaster Relief:An amount of Rs 2,00,000/- was paid to DeseeyaSevabharati towards disaster relief programmes.
8. Construction of the building for GiridharBalashramam”: We have taken up the task of constructing the building for the GiridharBalashramam at Attapadi at our cost. On this account, we have incurred an expenditure of Rs 9,97,847/-.
9. **Pain & Palliative Care**: Nila provides pain and palliative care to bed-ridden and physically challenged persons in different areas ofMayannur, ParamelpadiKondazhi and Pazhayannur. A doctor, a nurse and a few volunteers visit such people as a team almost every week, and monitor their sugar/blood pressure levels. During such visits, we give the sick people medicines which they regularly take, and kits containing food grains, pulses, etc. These visits are indeed welcomed by the victims.

**Punarjani Counselling Centre**: From the 17th of June 2019 the Punarjani Counselling Centre is functioning atThanalMathrusadanamwith a well-qualified and experienced Counsellor in charge. The Centre provides a whole range of services including counseling to school children with Learning Disability & other behavioral issues, individual counselling, group counseling, mental health counselling, pre-marriage and family counselling, substance abuse counselling, adolescence counselling, life skill, and personality development training. We also conduct awareness classes and community camps.

Computer Lab:With the CSR funds provided by M/s UST International (Pvt.) Ltd, Kochi, a Digital Lab with 10 Desktop computers along with the required number of computer tables and chairs, including a Smart T.V. could be set up in October 2020for the benefit of our childrenofThanalBalashram.Computer classes are held here for the benefit of our children.

**Afforestation work at ThanalMathrusadanam**:With the support of M/s UST International (Pvt.) Ltd, Kochi, under the leadership of their Manager, Shri Prashanth Subramaniam, a large number of saplings of various native species of trees wereplanted around ThanalMathrusadanamin October 2020, following the Miyawaki forestation method. Eventually, it is expected thatafter these trees grow up, they would provide adequate green cover and an eco-friendly atmosphere in and around ThanalMathrusadanam, and help reduce the carbon footprint,thereby improving oxygen levels in the surroundings.

**Tailoring Centre**:A modern Tailoring Centre hasbeen set up at the Thanal Domestic Violence Shelter Home for the benefit of its inmates. This will be managed by Nila Seva Samithi.

**‘Akshaya Jana SevanaKendram’**: An ‘Akshaya Jana SevanaKendram’ has been started at ThanalMathrusadanam with effect from 1-12-2020. It is open to the public and provides a number of online services, e.g., school/college admissions, obtaining ration cards, voter ID Cards, scholarships, pension, payment of Village/Panchayat taxes, etc. The small office/store located next to the Mathrusadanam, which was originally being used by the contractor during the construction phase, has been converted for this purpose.

**Gaushala**:We now have a well-established Gaushala at ThanalBalashram with over 50 Desi breed cows. With a large number of children and others in our institutions, our daily requirement of milk is quite high. Since milk is available in-house now, we are able to meet this demand without having to source it from outside. Besides, the cow-dung is utilised in our agricultural farm, and in a small way in our biogas plant also

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Donation of Cows from our Gaushala:As a goodwill, we havedonated one cow to “*Gurukulam*” at Karalmanna.Similarly, an ox and two cows were also donated to “Rhythmbhara”, an eco-spiritual commune run by the Rhythmbhara Charitable Trust at Vagamon in Idukki District.

**Children studying for SSLC, HSC & Colleges**:We are glad to report that all three children, who appeared for the SSLC examination this year, have passed andbecame eligible for higher studies.At present, three children are studying forPlus One, three for Plus Two, six children for Degree, one for LL B, one for BA (Vocal Music) and three children for post-graduation.

**Job Placements**:

We are indeed proud to inform that the following three inmates of ThanalBalashram are now gainfully employed on successful completion of post-graduation (MSW & LL B): -

1. **Anupama** completed post-graduation in Master of Social Work (MSW) in 2019 from Amrita Vishwa Vidyapeetham, Coimbatore. She then took up employment with STEM Learning Pvt Ltd, Bangalore as a Program Implementation Officer. After completion of 2 years & 4 months in this job, she joined Tamshar Trust, Bangalore in September 2021 and iscontinuing in this job.
2. **Sivapriya** also passed post-graduation in Master of Social Work (MSW) in 2020 from Amrita Vishwa Vidyapeetham, Coimbatore. She worked as a Counsellor at THQH, Chalakudy under the National Health Mission from September 2020 to November 2021. Since December 2021, she is working as a Counsellor at Native Medicare Charitable Trust (NMCT), Tirupur.
3. Kum. Arundhathi, R.M.passed the LL B examination from Al-Ameen Law College, Kulappully. She has been enrolled as an Advocate and commenced legal practice under renowned Advocate Shri K.R. GiriIyer at Ottapalam. At a function organized at ThanalBalashramon 25-5-2021 she was felicitated by our children, staff members and Managing Committee.

**Cultural Programmes& other important events**:

1. World Environment Day on 5-6-2020:Onthis occasion,our children planted a number oftree saplings on the banks of Bharathapuzha.
2. International Yoga Day on 21-6-2020:On this occasion,sixty of our children participated in performing Yoga Asanas for a duration of approximately one hour at Nila Vidya Nikethan.
3. ‘Gurupooja’ was organized on 5-7-2020 at ThanalBalashram, wherein 65 children andothersparticipated.
4. Gita Classes:We are indeed fortunate that Respected Shri R. Hari (Hariettan), Senior PrantPrachaarak of Kerala &AlhilaBharathiyaSaha-bauddhikPramukh conducted Gita classes for our children from 18-7-2020 to 28-7-2020 at ThanalBalashram.
5. Raksha Bandhan was celebrated on 2-8-2020, wherein our children exchanged ‘Raakhi’.

On the same day, an online class was conducted by Shri Harish Babu, a Member of Nila Managing Committee,for the benefit of our children, where he talked about caution to be exercised while using social media platforms such asFacebook, WhatsApp, etc.

1. Onam: On the auspicious occasion of Onam, new clothes (*Onakkoti*) were given to all children and staff members. Floral display(*Pookalam*), and Onam-feast were also arranged. However, in view of Covid-19 protocol, the occasionpassed off without usual celebrations. Guests were also not allowed entry to our premises.
2. Navrathri was celebrated in a befitting manner. *Pooja Vaipu* was done as usual and Tantri Shri Mundanat Pramod Nambudiri performed the Saraswathi pooja. On the occasion of Vidyarambham, 6 children from ThanalSisumandiram were initiated into the world of knowledge (At this ceremony, children for the first time are given instructions to write the first few alphabets on rice or sand). A cultural programme was also organised on the occasion wherein our children took part enthusiastically.
3. Deepavali was celebrated with fanfare. There was full illumination and various programmes were organised in the evening.
4. **Felicitation of newly elected office-bearers of Kondazhi Panchayat**:On 12-1-2021 the newly elected President, Vice President and Members of the Kondazhi Panchayatwere felicitated at the ThanalMathrusadanam. The new team assured their wholehearted support for the various activities of Nila Seva Samithi.
5. Class on Geriatric Care (Providing care for the elderly):On24-2-2021, with the support of Public Health Centre, Pazhayannur, a classon geriatric care was conducted at ThanalMathrusadanam. The class was very useful to us in caring for the elderly women at ThanalMathrusadanam.
6. Get-together of ex-inmates of Thanal, who were married off:We are happy to report that on 18-4-2021, a get-together of all the ex-inmates of Thanal, who were married off, was organizedalong with their families. Most of the couples participated in this get-together. All of them appreciated that this function was a good gesture from Nila Seva Samithi.
7. Class on the subject of Corona & Ayurveda:On 27-6-2021, Dr. P. Sethumadhavan of Padinharkkara Ayurveda Hospital & Research Centre, Palappuram, Ottapalam conducted a class on the subject of Corona & Ayurveda, wherein he explained about the medicines and treatment available in Ayurveda for the effective treatment of Covid-19.
8. Independence Day was celebrated on 15-8-2021. National Flag was hoisted at ThanalMathrusadanam on the occasion.
9. Class on “Parenting”:On 20-8-2021, Smt Saranya, our Psychological Counseller, conducted a class on “Parenting” at ThanalMathrusadanamfor the benefit ofinmates of Thanal Shelter Home for Domestic Violence. It was very informative and the participants benefitted from the same.
10. Medical Camp:On 27-12-2021, Dr Madhu Parameswaran, Assistant Professor, Vaidyaratnam P S Varier Ayurveda College, Edarikkode, Malappuram, conducted amedical camp at ThanalMathrusadanam. A number of people from within and outside our organization, availed the benefit of this camp. They were medically examined and given medicines free of charge.

It may be also mentioned here that Dr Parameswaran has been rendering valuable guidance and support to us by examining our children, distributing free medicines, including our Pain &Palliative Care programme. He joins our palliative care team regularly two days a week, i.e., Saturday and Sunday, and accompanies the team while visiting bedridden patients.

1. *Karnikaram*(Plot measuring 6.5 acres near Konnakav, Mayannur):As decided in the Annual General Meetingheld on 23-10-2020, a deal was finalised to purchase 6.5 acres of land(located behind the Jawahar Navodaya Vidyalaya, and adjacent to theKonnakav temple)from Shri Mohandas Nair,Mayannur. Accordingly, in the month of March 2021, we have taken possession of 3.5 acres of land, which has been duly registered in the name of Nila Seva Samithi.It is planned to complete the registration of the remaining 3 acres of land before March 2022. We have applied for a loanfor this purpose fromDhanlaxmi Bank Ltd., Ottapalam and it is expected to be sanctioned shortly.
2. Afforestation Project:With the financial support (CSR funds) from two companies of repute in Kochi, viz., Messrs Ernst & Young, and Messrs UST, we have taken up afforestation work on the banks of Bharathapuzha (Nila), and what is popularly known as “Thuruthu” (i.e.,the islandlocated in the middle of Bharathapuzha,near ThanalBalashram), where saplings of a number of medicinal plants have been planted.Similarly, saplings have alsobeen planted on the premises of ThanalBalashram, Nila Vidya Nikethan and ThanalMathrusadanam. Proper upkeep and maintenance will be done byNila Seva Samithi.
3. Construction of building for GiridharBalashramam, Nellipathi:In December 2020, we commenced theconstruction work of GiridharBalashramam, Nellipathi, a project of Vivekananda Medical Mission, Attapadi. The work is progressing smoothly. The expenditure will be met through donationsby supporters of Seva Bharathi, who areemployed in Gulf countries.
4. Distribution of Food Kits to Advasi Families in Attapadi): During the peak of Covid-19, we could distribute food kits to around 200 Adivasi families in Attapadi area with the support provided by M/s UST, Kochi.
5. Distribution of Medical Equipment to Hospitals:It needs to be highlighted here that with the huge support of M/s UST, Kochi, oxygen concentrators,Pulse-Oxy Meters, face masks/surgical masks, medical gloves, gowns/PPE kits, etc.were distributed to Primary Health Centers and Government Hospitals in the District. This was highly appreciated by everyone, as there was serious shortage for these items.
6. Yoga classes are conducted regularly for the benefit of our children.
7. Nila Vidya Nikethan:In view of Covid-19 protocol, the entrance ceremony to the school wasorganized on-line with the full support and participation of parents and children.

Likewise, the following programmes were organized successfullythrough Google Meet, Google Cluster, etc**:**-(i)Observance of Ramayana month; (ii)Environment Day, (iii) Onam, (iv) Navarathri,(v) Vidyarambham, (vi) Sanskrit week, (vii) Yoga Day, (viii) Kalamela,(ix) Sasthramela, (x) Sisuvatika Anniversary, and (xi) SisuvatikaShibir**.**For the same reason, classes were also held online.

**Inspection by authorities:**

1. Health Inspector pays regular visits to all our institutions. Instructions given during such visits are implemented promptly.
2. The Child Protection Officer has written encouraging remarks about the organizationin our Inspection Register.
3. An officer from the Child Protection Officepaid a visit to ThanalBalashramand inspected various recordsrelating to Nirbhaya Shelter Homeand was fully satisfied.
4. Audit team from the State Audit Office, Thrissur visited our organization and inspected various records in connection with the Government grant.
5. Instructions given by Government officials during inspections are implemented very promptly.
6. Instructions from CWC, DCPO and Health Department in connection with the Covid-19 protocols are strictly adhered to. Accordingly, we have restricted the entry of visitors to our institutions.Masks and Hand Sanitizer made by us were put to use in our institutions. They were also distributed in nearby houses, Police Stations and Public Health Centre.

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